



SECOND CLASS REQUIREMENT Tracking Sheet

Thực Hiện Trưởng

1. a. Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.	_____	_____
1. b. Using a compass and a map together, take a 5-mile hike (or 10 miles by bike) approved by your adult leader and your parent or guardian.*	_____	_____
2. a. Since joining, have participated in five separate troop/patrol activities (other than troop/patrol meetings), two of which included camping overnight.	_____	_____
2. b. On one of these campouts, select your patrol site and sleep in a tent that you pitched.	_____	_____
2. c. On one campout, demonstrate proper care, sharpening, and use of the knife, saw, and ax, and describe when they should be used.	_____	_____
2. d. Use the tools listed in requirement 2c to prepare tinder, kindling, and fuel for a cooking fire.	_____	_____
2. e. Discuss when it is appropriate to use a cooking fire and a lightweight stove. Discuss the safety procedures for using both..	_____	_____
2. f. Demonstrate how to light a fire and a lightweight stove.	_____	_____
2. g. On one campout, plan and cook over an open fire one hot breakfast or lunch for yourself, selecting foods from the food pyramid. Explain the importance of good nutrition. Tell how to transport, store, and prepare the foods you selected.	_____	_____
3. Participate in a flag ceremony for your school, religious institution, chartered organization, community, or troop activity.	_____	_____
4. Participate in an approved (minimum of one hour) service project .	_____	_____
5. Identify or show evidence of at least ten kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community.	_____	_____
6. a. Show what to do for "hurry" cases of stopped breathing, serious bleeding, and internal poisoning.	_____	_____
6. b. Prepare a personal first aid kit to take with you on a hike.	_____	_____
6. c. Demonstrate first aid for the following:		
o Object in the eye		
o Bite of a suspected rabid animal		
o Puncture wounds from a splinter, nail, and fishhook		
o Serious burns (second degree)		
o Heat exhaustion		
o Shock	_____	_____
o Heatstroke, dehydration, hypothermia, and hyperventilation		
7. a. Tell what precautions must be taken for a safe swim.	_____	_____
7. b. Demonstrate your ability to jump feetfirst into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.	_____	_____
7. c. Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim.	_____	_____
8. Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco, and other practices that could be harmful to your health. Discuss your participation in the program with your family.	_____	_____
9. Demonstrate scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.	_____	_____
10. Participate in a Scoutmaster conference.	_____	_____
11. Complete your board of review.	_____	_____